

Unselfish.Org Newsletter

Dedicated to eliminating social problems and bringing about world peace by educating people about the benefits of putting others first, loving your neighbor, doing unto others as you would have them do unto you, and being unselfish rather than pro-choice in decisions affecting other people and society.



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The Secret of the Universe

Occasionally, some of us ask some very profound questions. What is the basic criterion for right and wrong? What do we need to do to have a better life? After nearly 20 years of research into social problems we have found answers to these and similar questions. Would you be interested if I told you that modern research has shown how we can be happier, how we can be healthier, how we can live longer, be less likely to live in poverty, be less likely to be homeless, be less likely to be the victim of crimes, and more likely to make a decent living. If you are interested, then continue reading.

Two Criteria

Years of research into social problems has disclosed that there are only two criteria for right and wrong. When faced with a decision or action that could impact other people or society one criterion is for us to be unselfish and pro-society and base our decision of right and wrong on what is best for other people and society. We typically call this the conservative viewpoint. The other criterion is for us to be selfish, permissive and pro-choice and base our decision of right and wrong on what we want regardless of whether the action or decision harms us, other people or society. We typically call this the liberal viewpoint.

This is basic logic since one simple definition of society is a group of people working together for common goals. If they become selfish, permissive and pro-choice, then they are not working together and not working for common goals. Hence, both the individuals and society suffer accordingly.

Desensitization and Diversity

One of the frequently asked questions is "why are there two criteria and no middle ground?" The answer is

Featured Quotation

"Whenever two or more of you are gathered in his name, there is love."

The Wedding Song

desensitization. The best way to explain this is to go back several years to the discussion of whether kids should be allowed to watch violence on television. Parents said "no" but could not come up with a reason. Liberals said that the kids should be pro-choice in their viewing preferences. The experts sided with the parents. As the kids watched more and more violence on television, they became desensitized to violence and began accepting it as normal behavior. Hence, desensitization is just a technical term for what we used to call "giving bad example."

Statistics show that desensitization spreads through our society like germs, pollution and cancer. When people are told it is OK to be selfish, permissive and pro-choice or when they see others being selfish, permissive and pro-choice, then they become more selfish and pro-choice themselves. The actual impact of desensitization may vary from individual to individual depending on their upbringing, morals, and criterion for right and wrong. Moreover, people who are selfish, permissive and pro-choice in actions and decisions in one area are statistically more likely to be selfish, permissive and pro-choice in actions and decisions in other areas.

This is also the reason why claims about diversity being good are incorrect. How can there be more than one best way for society? If diversity is so good, then explain to me how you plan to have diversity in murder or in selling

drugs to kids? In situations that affect other people, diversity is simply another name for selfishness, permissiveness and the pro-choice attitude.

Looking Out for Number One

At this point there are several people who insist on putting themselves first. They feel a need to put their own wishes ahead of what is good for other people and society. Hence, it would be logical to look at statistics to see how much being selfish, permissive and pro-choice improves your life over those people who are unselfish and pro-society.

The answer is that it is the unselfish and pro-society people who come out ahead. Reports show that they are happier, healthier, have a longer life, are less likely to live in poverty, are less likely to be homeless, and more likely to make a decent living. Hence, the Secret of the Universe is that selfishness, permissiveness and the pro-choice attitude is self-defeating while people who are unselfish, pro-society and work with others come out ahead.

Nothing New

Some people comment that it is great that modern computer statistics and technology has provided the knowledge that being unselfishness and working with others provides its own substantial rewards. Actually, we have seen or been told this since the beginning of recorded history.

Several different kinds of animals have learned the benefits of working together. Some animals live in groups for mutual support and protection. Other animals have learned to hunt in groups for better results. Ants and bees have their own communities where each individual has specific duties.

This same message has also been given to humanity by great leaders. Confucius is credited with saying: "Do unto others as you would have them do unto you." Jesus Christ admonished his followers to "Love your neighbor." More recently, in his inaugural speech, President

John F. Kennedy said: ". . . and so my fellow Americans, ask not what your country can do for you, but what you can do for your country." All of this is saying the same thing in different words. Were they trying to teach us that we all come out ahead if we are unselfish, pro-society and willing to cooperate with others? How long with it take humanity to learn this?

Traditional Marriage

What do we have to do to be unselfish, pro-society and willing to work with others? There are numerous obvious ways to do this, but the one important item that continues to rise to the top in studies and statistics is traditional marriage. Marriage is a personal commitment to work with others and has a tremendous number of benefits to the individuals involved as well as society. Married people are statistically less likely to commit crimes and less likely to be the victim of crimes. They are less likely to be homeless or live in poverty. They are more likely to make a good living. In addition, statistics show that the best environment for children is in an intact family with both biological parents.

Benefits of Marriage

The following information comes from "Marriage and Public Health," by Maggie Gallagher. It was published in 2001 by the Institute for American Values.

"A wide body of social science literature confirms that marriage is a powerful protector of public health. Children raised by their own two married parents live longer, have fewer illnesses and accidents, and enjoy better health than children raised outside of intact marriage. Both men and women who get and stay married enjoy similar powerful health advantages: they live longer, enjoy better health, manage chronic illness better, are less likely to require extensive (and expensive) hospitalization and nursing home care, and become disabled less often than do people who are single and divorced."

CNN exit polls from the 2004 Presidential election show that approximately 58% of conservatives said they were married while approximately 58% of liberals said they were single. Most of the people (63%) who said their annual income was less than \$15,000 were liberal while 57% of those with annual incomes of \$15,000 to \$30,000 were liberals. Of those people with incomes above \$50,000 annually, at least 55% were conservatives. Among those with incomes in excess of \$200,000 annual, approximately 64% were conservatives.

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Contact Information

E-Mail: Unselfish@poloil.com

Snail Mail:

Unselfish.Org

c/o NBT, Inc.

9698 W. Judson Road

Polo, Illinois 61064